

mar 3 (mardi gras theme)

baked cajun pasta w/chicken & andouille sausage (can be gf)

vegetarian gumbo with rice (veg) (not gf because of flour roux)

gumbo (sausage) with rice

blackened chicken stuffed peppers (gf)

baked tortellini w/roasted veggies & basil pesto cream sauce (veg)

bbq brisket stuffed sweet potatoes (gf)

bbq baked bean stuff sweet potatoes (veg + gf)

baked pasta with meatballs in tomato sauce + mozzarella

family ciabatta cuban sammie (with house-made pickles)

spicy corn chowder (veg + gf)

confetti salad w/remoulade dressing (veg + gf)

ham cheddar and scallion jumbo biscuits

basil pesto parmesan bread (veg)

roasted red pepper & tomato (v + gf)

caesar salad w/cajun spiced croutons

garden salad w/green goddess dressing (veg + gf)

chipotle bbq baked beans (veg + gf)

bananas foster bread pudding (veg)

mini beignets w/cocoa caramel filling (veg)

gluten free- caramel apple torte bars (veg + gf)

jumbo chocolate muffins (veg)

mini bundt king cake (veg)

march 10th

chicken & chorizo quesadillas

mini melties--buffalo chicken & cheese

vegetarian roasted veggie lasagna (veg)

roasted veggie & ground turkey lasagna

gluten free- roasted veggie & ground turkey lasagna (gf)

baked pasta w/beef ragu & shaved parmesan

gluten free- baked pasta w/beef ragu & shaved parmesan (gf)

vegetarian croissant bake--french onion, kale & gruyere (veg)

sausage croissant bake--french onion, kale & gruyere and chicken sausage

vegetarian stuffed zucchini w/roasted tomatoes, mozzarella & basil pesto (veg and gf)

Italian sausage stuffed zucchini w/roasted tomatoes, mozzarella & basil pesto (gf)

chicken mole w/saffron rice

roasted red pepper & tomato soup (v + gf)

arugula salad w/dried fruit, feta & blueberries w/raspberry balsamic dressing (veg + gf)

turkey & butternut squash chili (gf)

4 pack of michael's english muffins

chopped southwest salad w/chipotle ranch dressing & crispy tortilla strips (veg + gf)

kale salad w/grapes, apples & blue cheese (pom dressing) (veg + gf)

loaded pasta salad (contains bacon)

gluten free- loaded pasta salad (contains bacon) (gf)

basil pesto parmesan bread (veg)

jumbo apple cinnamon pecan muffins (veg)

gluten free- raspberry white chocolate chip brownies (veg + gf)

fruit & yogurt parfaits (veg + gf)

banana chocolate chip breakfast bread (veg)

carrot & apple cookies (veg)

mar 17th

entree chef's salad w/green goddess dressing (gf)

roasted veggie spinach & green chili enchiladas (veg)

chicken, veggie spinach & green chili enchiladas

gluten free- chicken, veggie spinach & green chili enchiladas (gf)

guinness beef stew

roasted root veggie shepherd's pie (veg + gf)

corned beef slider melties

italian beef and spinach stuffed peppers w/mozzarella (gf)

baked pasta w/arugula roasted tomatoes & goat cheese (veg)

baked pasta chicken, arugula roasted tomatoes & goat cheese

baked pasta with chicken sausage, butternut squash, leeks + kale

gluten- free baked pasta with chicken sausage, butternut squash, leeks + kale (gf)

irish soda bread

potato leek soup (veg + gf)

kale salad w/apples, fennel candied walnuts & dijon vinaigrette (v + gf)

jumbo biscuits w/caramelized onions bacon & irish cheddar

homestyle potato salad (veg + gf)

chopped italian salad w/basil balsamic vinaigrette (v + gf)

black bean & corn (v + gf)

loaf strongarm sourdough bread (could contain nuts in savory breads)(veg)

lemon cranberry jumbo muffins (veg)

banana chocolate marble pound cake

baileys irish cream brownies

gluten- free chocolate mint cookies (gf)

cranberry white chocolate & macadamia cookies (nuts)

march 24th

herbed focaccia jumbo sammies w/roasted tomatoes, basil pesto mayo provolone (veg)
herbed focaccia jumbo sammies w/turkey, roasted tomatoes, basil pesto mayo provolone
black bean & rice enchiladas (veg can add chorizo) (can be gf)
chorizo, black bean & rice enchiladas
gluten-free chorizo, black bean & rice enchiladas (gf)
buffalo chicken mac & cheese
gluten-free buffalo chicken mac & cheese (gf)
southwest roasted veggie baked pasta w/cilantro cream sauce (veg)
southwest chicken, roasted veggie baked pasta w/cilantro cream sauce
gluten-free southwest chicken, roasted veggie baked pasta w/cilantro cream sauce (gf)
stuffed portobello mushrooms w/wild rice, spinach and italian sausage (gf)
croissant bake- bacon, spinach & parmesan
baked spaghetti w/spinach & ricotta (veg)
ready to warm wrap--blackened chicken, mexican corn & cotija cheese

chicken noodle soup
gluten-free chicken noodle soup (gf)
southwest chopped salad w/black beans & corn & chipotle ranch (veg + gf)
harvest salad (veg + gf) (NUTS and blue cheese)
kale caesar (gf)
arugula salad w/pears, blue cheese, pomegranate seeds & candied walnuts (veg + gf) NUTS
italian tortellini salad (veg)
chickpea, cucumber & cilantro (v + gf)
ready to roast broccoli w/parmesan & lemon (veg + gf)

banana nut jumbo muffins (veg)
lemon poppyseed breakfast bread (veg)
oreo brownies (veg)
gluten-free- chocolate chip cookies (gf)
mixed berry cheesecake parfaits (gf)

mar 31st

asian bbq meatballs & veggies over rice (gf)

southwest chicken & cheese ready to grill quesadillas (can be gf)

gluten- free -southwest chicken & cheese ready to grill quesadillas (gf)

thai red curry mushroom over egg noodles (v)

thai red curry chicken, mushroom over egg noodles

jumbo stuffed sweet potatoes w/spinach, caramelized onions & feta (veg)

jumbo stuffed sweet potatoes w/chicken, spinach, caramelized onions & feta (gf)

sloppy joe melties w/provolone cheese

spinach & ricotta lasagna rollups (veg)

ground turkey, spinach & ricotta lasagna rollups

jambalaya stuffed peppers w/chicken & andouille sausage (gf)

michael's english muffin breakfast sammies--egg, ham & cheddar

asian collard green slaw (v + gf)

homestyle pasta salad (veg)

gluten- free homestyle pasta salad (gf)

garden salad w/buttermilk ranch (veg + gf)

kale salad w/fresh berries & pomegranate dressing (v + gf)

asian edamame salad (v) contains soy

corn & bacon chowder (gf)

roasted red pepper hummus (v + gf)

garlic + parmesan pull apart bread (veg)

jumbo double chocolate muffins (veg)

gluten- free- raspberry white chocolate chip brownies (veg + gf)

bowl of seasonal fruit (v + gf)

lemon pound cake (veg)

zucchini apple breakfast bread (veg)